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# Health web catalog

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Title 1	Title 2	Author	Publisher	Media	Summary
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## **ADDICTION, GRACE, & HEALING: IMAGES FOR HEALING**

			Evangelical Lutheran Church in America	BOOK	
		Alcohol-Drug awareness resources for Congregations.			

## **ADULT CHILDREN OF ALCOHOLICS**

	Woititz, Janet Geringer		Health Communications, Inc.	BOOK	
	For children from alcoholic or other dysfunctional family situations and for counselors who work with them. The book describes what it means to be a child of such a family; how the process evolves; how to use the book as a guide to growth and as a basis for discussion groups.				

## **AIDS: THE ULTIMATE CHALLENGE**

	Kubler-Ross, Elisabeth		Collier Books, Macmillan Publishing Co.	BOOK	
	Using letters from patients, questions and answers between patient and doctor, and other compassionate tools, the author shows how to comfort the seriously ill and help AIDS patients through the critical "stages of dying."				

## **AIDS: YOU CAN'T CATCH IT HOLDING HANDS**

	Phalle, Niki de Saint		The Lapis Press	BOOK	
	Colorful, easy-to-read, sexually explicit information, which is very direct about ways of contracting and avoiding AIDS.				

## **ALCOHOL USE & ABUSE: THE SOCIAL AND HEALTH**

### **EFFECTS. REPORTS AND RECOMMENDATIONS BY PCUSA.**

	Office of Social Welfare/Program Relations		The Program Agency	BOOK	
	Copy 2.				

## **ALCOHOLIS ANONYMOUS**

			Alcoholics Anonymous World Service, Inc.	BOOK	
	Third Edition of the Big Book, the Basic Text for Alcoholics Anonymous originally published in 1939. It is the story of how many thousands of men and women have recovered from alcoholism.				

## **ALCOHOLISM AND CODEPENDENCY**

	DeJong, Alexander		Tyndale House	BOOK	
	The book discusses the church's response to the alcoholic and his family; the needs of adult children of alcoholics; abstinence vs. moderation; intervention; shame and guilt; adolescent alcohol abuse; and treatment programs.				

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**ANOTHER CHANCE: HOPE AND HEALTH FOR THE ALCOHOLIC**

**FAMILY**

Wegscheider, Sharon

Science and Behavior Books

BOOK

A helpful guide for counselors, ministers, and other helping professionals who must deal with the problems of alcoholics and their families. Its easy-to-read style & moving human stories invite the layman to share its message of hope. For the millions who suffer under the burden of their own or a loved one's alcoholism, it offers fresh in-sight on what is happening & what they personally can do to change it.

**BRAIN INJURY: WHEN THE CALL COMES**

**A CONGREGATIONAL RESOURCE**

Brain Injury Association of New Jersey, Inc.

The Boggs Center, 2001

BOOK

The challenge of brain injury to pastoral and congregational care. It is a first resource for pastors and congregations who find themselves called to reach out to a person or family whose lives may be profoundly impacted by this unwelcome visitor.

**CORE COMPETENCIES FOR CLERGY AND OTHER PASTORAL**

**MINISTERS IN ADDRESSING ALCOHOL AND DRUG DEPENDENCE**

US Dept of Health & Human Services, 2001 REPORT

Substance Abuse and the Family: Defining the Role of the Faith Community. Report of an Expert Consensus Panel Meeting February 26-27, 2003 in Washington, DC. For more information and other resources visit <http://ncadi.samhsa.gov/>

**DRUGS AND YOU**

Channing L. Bete Co., Inc.

PAMPHLET

A Scriptographic booklet. Gives facts on the most commonly abused drugs, including marijuana, stimulants, depressants, and hallucinogens. An ideal all-purpose drug education booklet for church members of all ages. Available in Spanish.

**FOUR WAYS TO INCLUDE DRUG PREVENTION**

**IN YOUR RELIGIOUS PROGRAM: A GUIDEBOOK FOR LEADERS**

US Dept of Health & Human Services, 2001 PAMPHLET

This booklet details ways for the faith community to strengthen its commitment to substance abuse prevention and empower parents and youth workers to engage in prevention activities. Visit <http://ncadi.samhsa.gov/>

**GOD CARES, WE CARE: CONGREGATIONS CONCERNED**

**ABOUT HIV/AIDS**

Office of Health Ministries, PCUSA

VIDEO

Family members whose children or siblings have died of AIDS speak openly of the loneliness they experienced prior to their deaths. One organization that helps congregations minister to their HIV/AIDS people is the Regional AIDS Interfaith Network(RAIN) of Charlotte, NC. The need is for education so that congregational members can show compassion without fear.

**HEALTHWISE FOR LIFE: MEDICAL SELF-CARE FOR**

**HEALTHY AGING**

<b>Title 1</b>	<b>Title 2</b>	<b>Author</b>	<b>Publisher</b>	<b>Media</b>	<b>Summary</b>
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Mettler, Molly and Donald W. Kemper  
 Healthwise, Inc.  
 BOOK  
 Basic guidelines on how to recognize and cope with the most common health problems facing older adults. It does not eliminate the need for professional medical help but does provide self-care recommendations and can form the basis to work with doctors to prevent and jointly care for health problems.

**HEALTHWISE HANDBOOK: A SELF-CARE MANUAL FOR YOU  
 AND YOUR FAMILY, REVISED EDITION**

Kemper, Donald W., et al  
 Board of Pensions, PCUSA  
 BOOK  
 A practical guide for family-based care, it includes how to prevent, recognize and treat common illnesses, how to improve the quality of care and how to lower the cost of health care.

**HIV / AIDS RESOURCE DIRECTORY  
 FOR ESSEX, UNION-MORRIS, SUSSEX & WARREN COUNTIES**

Division of AIDS Education  
 University of Medicine and Dentistry of Ne  
 BOOK  
 This directory lists religious, ethnic, county and social agencies and program contact for counseling-detoxification (if drug or alcohol related), testing and support for all HIV/gay person, adult and juvenile. Most programs are in English and Spanish.

**HOME IS WHERE I LIVE**

Warrick, Camilla  
 Bridge Resources  
 BOOK  
 The author, diagnosed with advanced breast cancer, writes about the authentic journey and the healing discovery of one's special relationship to God and the universe. This is an invitation to men and women to live a life of authenticity.

**HONEST TALK ABOUT EATING DISORDERS**

Kutz-Mellem, Sharon  
 Bridge Resources, PCUSA, 2001  
 BOOK  
 This four-session curriculum for youth is designed to introduce both young men and women to the types of eating disorders; examine the root causes and how social forces impact body image; explore biblical perspectives related to a healthy body image; and provide suggestions for assistance and support. A 45 minute video cassette is also available (same title).

**HONEST TALK ABOUT EATING DISORDERS: VIDEO**

Bridge Resources, PCUSA  
 VIDEO  
 Four segments that give an in-depth look at eating disorders among youth and young adults.

**HOPE! THE STORY OF GERALDINE OWEN DELANEY,  
 ALINA HILL LODGE AND RECOVERY**

Dick B.  
 Tincture of Time Press, 2002  
 BOOK  
 SECOND EDITION. The story of Geraldine D., acclaimed founder of Alina Hill Lodge in Blairstown, NJ. She was an pioneer of early AA who developed the unique, residential, rehabilitation program for alcoholics, the poly-addicted , and their families.

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## HOPE, FAITH & HEALING

Turkington, Carol, et al	Publications International, Ltd.	BOOK
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This resource explores the latest research to demonstrate how a strong sense of faith, and involvement in religion, can result in better overall physical health, fewer and less severe symptoms of disease, lower risk of serious diseases, faster and more complete recovery when illness does occur. Hope also prepares mind and body to endure suffering and grief.

## HOW TO PROTECT YOURSELF

### AGAINST PREVENTABLE MEDICAL MISTAKES

The Board of Pensions PCUSA	The Board of Pensions PCUSA 2002	VIDEO
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A video produced by The Board of Pensions for active medical plan members to protect themselves and their families.

## HOW TO PROTECT YOURSELF AGAINST

### PREVENTABLE MEDICAL MISTAKES

The Board of Pensions	The Board of Pensions, PCSUA, 2002	VIDEO
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For retirees who must take an active role in managing their healthcare. SENSE: Speak with your doctor; Exercise; Note procedures/test results; Selectively use healthcare services; and Education yourself! Produced by the Board of Pensions of the Presbyterian Church (USA).

## I AM AN ADULT WHO GREW UP IN AN ALCOHOLIC FAMILY

Perrin, Thomas W.	Continuum Publishing Co.	BOOK
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The result of a lifetime's experience and search for truth, this book covers such issues as forgiving your parents, being a parent yourself, stress and depression, self-esteem, and self-management plus the need for a spiritual view of life.

## I WANT TO GROW HAIR, I WANT TO GROW UP, I WANT TO GO TO BOISE

Bombeck, Erma	Harper & Row	BOOK
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Bombeck departs from making us laugh to letting us meet children who are surviving cancer. We get to know them, their parents, their siblings, relatives, schoolmates, teachers and doctors. This is not a sad book, however; the kids--40 to 90% of whom will survive--are too busy living life while fighting their battle.

## INTRODUCTION TO THE PRESBYTERIAN AIDS NETWORK

Presbyterian Health, Education & Welfare	VIDEO
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This video describes the work of the Presbyterian AIDS Network (PAN) that functions under the auspices of the General Assembly.

## IS THERE AN ELEPHANT IN YOUR SANCTUARY?

Interlink Video Productions	VIDEO
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A videotape for congregations. Helping the church respond to alcoholism and other drug abuse.

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**JUST EATING? PRACTICING OUR FAITH AT THE TABLE**

**READINGS FOR REFLECTION AND ACTION**

Presbyterian Hunger Program  
Copy 2. Presbyterian Church (USA), 2005 BOOK

Presbyterian Hunger Program  
Copy 2. Presbyterian Church (USA), 2005 BOOK

**LIFE ABUNDANT:**

**CELEBRATING HEATH, HEALING AND WHOLENESS**

Office of Health Ministries, PCUSA PCUSA VIDEO

Published by PCUSA, this video is designed to introduce individuals, congregations, and other agencies of the church to the Ministry of health, healing & wholeness. Health Ministries seeks to meet the every day needs of people in real ways.

**LIFE ABUNDANT: CELEBRATING HEALTH, HEALING & WHOLENESS**

Office of Health Ministries U.S.A., PCUSA VIDEO

This video introduces the ministry of health, healing and wholeness. Through stories of individuals and congregations engaged in health ministries, this resource may motivate congregations to start their own health ministry.

**LONG WAY HOME: SPIRITUAL HELP WHEN SOMEONE**

**YOU LOVE HAS A STROKE**

Cole, Harry Alexander Westminster/John Knox Press BOOK

The purpose of this book is to provide caregivers with a source of spiritual strength as they learn to cope and eventually overcome the devastating effects of stroke for themselves.

**RELAXATION & STRESS REDUCTION WORKBOOK, 4TH ED.**

Davis, Martha, et al New Harbinger Publications, Inc. BOOK

Teaches the most popular stress management and relaxation techniques and exercises used today. Simple-to-understand segments, clear explanations, and applicable examples make this book a good resource for individual learning or for teaching classes or conducting seminars and workshops on stress management.

**RESOLUTION ON ADVOCACY ON BEHALF OF THE UNINSURED**

Advisory Committee On Social Witness Policy Office of the General Assembly, PCUSA, 2 BOOK

A resolution that addresses the need for advocacy on behalf of uninsured persons, especially those with low income or fixed income. The 214th General Assembly (2002) recognized that the church must provide not merely a moral whisper of conscience, but a chorus of voices raised in acall for immediate action.

**SERIOUS MENTAL ILLNESS**

**A CHURCHWIDE STUDY DOCUMENT**

<b>Title 1</b>	<b>Title 2</b>	<b>Author</b>	<b>Publisher</b>	<b>Media</b>	<b>Summary</b>
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	Task Force on Serious Mental Illness		ACSWP, PCUSA, 2006		PAMPHLET
	Seeking a comprehensive response to serious mental illness. Developed by the Task Force on Serious Mental Illness of the Advisory Committee on Social Witness Policy (ACSWP).				

**STAYWELL PROGRAM HANDBOOK: A HEALTH ENHANCEMENT PROGRAM FOR CHURCH PROFESSIONALS**

	Miller, Kent C., et al		PCUSA		BOOK
	How to develop an effective health enhancement program for the ordained and lay employees within the church, governing body, ecumenical or denominational groups of churches or other employing church organizations.				

**STEWARDSHIP OF LIFE: PREPARING AN ADVANCE DIRECTIVE STUDY GUIDE**

			Board of Pensions, PCUSA		PAMPHLET
	The booklet provides sufficient information to prepare an advance directive, which is a legal designation of the person to make medical decisions for you in the event you become unable to do so yourself. Also available is an 18-minute videocassette.				

			Board of Pensions, PCUSA		VIDEO
	Conversations with church members regarding the medical, ethical, and theological implications of Advanced Directives, such as a health care power of attorney and a living will.				

**TAKE CHARGE OF YOUR DIABETES, 2ND EDITION**

			U.S.Dept. of Health, Human Services		BOOK
	For those diagnosed with adult-onset diabetes. Items may be copied at will from this book.				

**TELLING SECRETS**

	Buechner, Frederick		HarperCollins Publishers, 1991		BOOK
	With eloquence, candor, and simplicity, a celebrated author tells the story of his father's alcohol abuse and suicide. He traces the influence of this secret on his life as a son, father, husband, minister, and writer, exploring the healing, hope, and love to be found in revealing what has long been hidden.				

**TOGETHER: GROWING UP DRUG FREE: A PREVENTION CURRICULUM FOR THE WHOLE CHURCH**

	Ekman, Judith Caine		Bridge Resources		BOOK
	A resource that recognizes the importance of peer leadership in keeping children drug free. It is designed to educate teens to communicate clear no-use messages to other youth. It has background information on drug, alcohol, and tobacco use, plans for adult-peer leader training, skits, session plans for children's groups, parents' groups, and has resource lists.				

**TOUGH CHOICES: HEALTH CARE DECISIONS AND THE FAITH COMMUNITY**

<b>Title 1</b>	<b>Title 2</b>	<b>Author</b>	<b>Publisher</b>	<b>Media</b>	<b>Summary</b>
		Snyder, Graydon F.	Brethren Press		BOOK
		The moral and religious setting of medicine is not limited to scientists, physicians, and other health care providers. Almost everyone has faced or will face questions about when life has come to an end, or whether to allow further experimentation. This book is directed to this very personal side of modern medicine.			

**WE ARE WHAT WE EAT**

National Ministries Division	Office of the General Assembly, PCUSA, 2	BOOK
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A report approved by the 214th General Assembly (2002) that calls on the whole Presbyterian Church (U.S.A.) - rural, suburban, and urban - to participate in the current agricultural revolution that affects everyone who produces and consumes food. We have a unique opportunity to witness to the Good News of Jesus Christ through our daily food production and consumption decisions that will support sustainability, stewardship, compassion and community of all God's creation.

**YOU CAN ALWAYS CALL RESPONSE**

Copy 2	Board of Pensions, PCUSA, 2000	VIDEO
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